

## ARLINGTON HIGH SQT SCHEDULE FOR 5/11/24 (SATURDAY)

**6:20 am SHARP.** Arrive at **THE LAMAR EAST PARKING LOT.** BE ON TIME!!!! Players wear personal shorts/t-shirt/sandals. **BRING YOUR CLEATS/MOUTHPIECE/ENTRY FEE.** Turn in the entry fee to **Mr. Carey.** Check in with Coach Poynter and **sign the liability form** for today's tournament. After you check in with Coach, get both game jerseys and shorts packet and breakfast from Mr. Carey once you have paid. **Coach Walker to issue helmets to players PRIOR to departure.**

**6:45 am Coach Poynter to registration**

**6:45 am DEPART as a team for AHS**

**7:00 am Help carry all team/personal items to the field area.** Put on your **White** jersey; cleats and mouthpiece; use **restroom.** Stretch/play catch/drink. We are on the **South end** of the game field **right sideline facing** the goal line. Note we play all three pool games in this location in our white jerseys.

**7:20 am** Pre-game stretching on left half of the field

**7:30 am** Full speed warm up on ½ the field

**7:55 am** Meeting with officials

**8:00 am Game # 1 vs All Saints.** Lamar is the visiting team, **O first.**

**8:30 am** Back off sideline for the next game. **Use RR, hydrate**

**8:40 am SCOUT** first half of the Azel vs Coppell game.

**9:10 am IMMEDIATELY** start warm-up routine for **Game # 2.** Use our ½ of the field (**RIGHT**) only; Vikes on **"O" first.** We have 10 minutes...

**9:20 am Game # 2 vs Azle.** GO VIKES!

**9:50 am** Game ends; **move back off sideline for the next game.** Stay in **WHITE** jersey right sideline for game # 3.

**10:30 am IMMEDIATELY** start warm-up routine on the **RIGHT** side of the field for **Game # 3.** We have 10 minutes...

**10:40 am Game # 3 vs Coppell. We are on "O" first! GO VIKES!**

**11:10 am. After game 3; we will move to the left sideline of the North Field. Put on our Navy jerseys. Eat a light lunch.**

**12:00 pm STRETCH/USE THE LEFT ½ of the field to warm up. We have 15 minutes!**

**12:15 pm Game 4 vs winner of Pool "A". We are on "D" first!**

**12:45 game ends; move to right sideline of North field. Use RR; get off feet; hydrate (40-minute break) Change back to white jersey.**

**1:00 pm SCOUT Pool "C" winner for 15 minutes**

**1:25 pm STRETCH/USE THE RIGHT ½ of the field to warm. We have 15 minutes!**

**1:40 Game 5 vs winner of Pool C.**

**2:10 pm QUALIFIED! Help pack up and move items to vehicles.**

**2:45 pm Arrive at Lamar**

**NOTE: IF A 3-WAY TIE EXISTS, THE FIRST TIE BREAKER WILL BE TOTAL POINTS IN THE QUALIFYING ROUND. ONCE THE FIRST QUALIFIER IS DETERMINED, IT THEN REVERTS BACK TO "HEAD TO HEAD" TO DETERMINE THE 2<sup>ND</sup> QUALIFIER.**