



LAMAR VIKINGS 7 ON 7

VIKING FIGHT NEVER DIES



Parent Volunteers for the 2024 VARSITY 7 on 7 Team

This promises to be a very exciting season for LAMAR 7 ON 7! In order to be a “Top 20” 7 on 7 program we will be asking a great deal of the players on this team. My philosophy is we do everything the right way on and off the field. In order to fulfill the “off the field” part of that commitment, the parents of all the players on the team need to share the workload. **Garrett Carey** is the VARSITY team coordinator. Parents, **with your help**, we need to see to it that the players have everything they need including:

- 1. Food co-coordinator.** This person is responsible for making sure we have fruit; granola/power bars at Lamar **for the ride to each tournament**. This person is also responsible for making sure we have cold cut sandwiches, chips, pickles, and condiments at each tournament no later than 11:00am for their lunch. **This person should have several other parents to help them.**
- 2. Drink coordinator.** The boys go through a LOT of water and some sports drink to stay hydrated. This person makes sure that we have several large coolers to fill with drinks/ice **prior** to each tournament and transport them to the site. Depending on how deep into the day we go, you will have to refill the coolers several times and maybe make ice runs. It is extremely hot at these all-day tournaments, and it is very important that we keep the guys well hydrated. **This is a VITAL JOB. Remember, you can be the Chair and divide this job amongst several parents as long as you KNOW THEY ARE COMING! You may need to store some water in your garage. In the past we have had access to the ice machine in the concession stand.** I will try to get the majority of the water donated.
- 3. Laundry coordinator.** Now here is a fun job! Each Saturday after we play, we will collect the uniforms and we will need about 40 sweat soaked shirts/shorts washed and dried and returned to Garrett **prior** to game day. You are probably wondering why we do not have the kids take care of this individually. Because of vacations, other sports, and work schedules we typically have several boys per tournament who can not participate, so we ask others to fill in for that week. It is much easier if one of the team coordinators keeps “control” of the uniforms.
- 4. Tent Coordinator.** In between games it is important to get the kids out of the heat. We need to have 2-3 of those easy to set up and move shade “tents” that allow for a little bit of shade between games for **THE PLAYERS ONLY**. Please do not buy; let’s see if we can borrow them.
- 5. Team Photographer/Social Media.** Be at all tournaments and take actions photos of all team members then post them on OUR 7 on 7 web site www.lamarvikings7on7.com so any one that wants to download and print a picture can do so at no cost. Also, we like to keep the scores/pictures posted on our Twitter account: @lamar7on7
- 6. Team Drivers.** This is an important job as Coach Poynter **does not allow the kids to drive to/from tournaments or College Station**. We **all** need to pitch in and help with this duty!

THANKS IN ADVANCE FOR HELPING! PLEASE LET GARRETT KNOW WHAT JOB(S) YOU CAN DO. VFND. GO VIKES!